

Planning Pack

International Day of People with Disability, 3 December 2020

Every year on 3 December, people around the world take part in International Day of People with Disability (IDPwD), a day to celebrate the achievements of people with disability and promote awareness, understanding and acceptance in the community.

You are encouraged to creatively break down barriers for the 4.3 million Australians living with disability and create a more inclusive community for all.

Below are some activity ideas to consider coordinating to celebrate IDPwD.

Undertake [disability awareness training](#)

- DADAA hosts training sessions throughout the year, aimed at enhancing accessibility to participants and clients with disability. These training sessions focus on communicating with, welcoming and hosting visitors and audiences across all disability types.

Host an event and include a person with disability as a guest speaker

- Hearing from a person with disability first-hand can increase and improve understanding and respect. Why not hold a morning or afternoon tea session to facilitate this?

Fundraise

- There are a number of organisations that support people with disability. Consider hosting a fundraiser or encourage donations.

Hold a screening showcasing [Focus on Ability films](#)

- The [Focus on Ability Short Film Festival](#) encourages film makers and people with disability to tell their stories, providing a raw insight to the lives of people with disability and what they are capable of.

Have a 'myth-buster' information session or quiz

- Challenge people's fixed beliefs and perceptions about the lives and abilities of people with disability, clarifying some of the associated myths and stigmas. Some helpful sites include:
 - [National Disability Services – Myths and facts](#)
 - [National Disability Services – Let's talk disability](#)
 - [Life Without Barriers – Five biggest disability myths](#)

Get familiar with [respectful communication](#)

- The use of inclusive and non-discriminatory language helps to avoid assumptions and misunderstandings and promote respectful relationships.

Don't forget to share your celebration with us on social media by using the hashtags: #idpwd #awesternaustraliaforeveryone #disablestereotypes

