



Education and Care Services COVID-19 (Coronavirus) Resources

Below is an overview of resources that may support your service to navigate the global COVID-19 pandemic.

Supporting children during COVID-19

The below websites provide a range of resources such as videos, factsheets and tips that are aimed at assisting parents and carers to best support their children during the pandemic.

- [Emerging Minds](#)
- [Raising Children](#)
- [Kids Health](#)
- [Australian Government eSafety Commissioner](#)
- [Telethon Kids Institute](#)

Infection Control

[COVID-19 Infection Control training](#) is the Australian Government Department of Health's approved online course which is aimed at enhancing care workers understanding of infection control measures. However, the principles of infection control can be applied in any setting and this training is a useful tool in educating all staff about best quality hygiene practices.

Information about health and hygiene in education and care services is also available in the National Health and Medical Research Council publication, [Staying healthy: Preventing infectious diseases in early childhood education and care services](#).

Educator Wellbeing

The below websites provide a range of wellbeing tools for educators, such as online applications and resources, which provide information about mental health and wellbeing.

- [Be You](#)
- [Headspace](#)
- [Black Dog Institute](#)
- [Lifeline](#)
- [Victoria Government Department of Education and Training](#)



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Childcare and school exclusions

[Health Direct](#) provides information about exclusion periods for children and answers to other frequently asked COVID-19 questions relating to childcare settings.

Safe workplaces

Safe Work Australia provides information for Early Childhood Education and Care Services on how to manage COVID-19 in the workplace. The below articles cover the steps an employer should follow if an employee or other person who has visited the service shows symptoms or has been exposed to COVID-19.

- [Safe Work Australia – Early childhood education – COVID-19 in your workplace](#)
- [Safe Work Australia – Early childhood education and care](#)

The [Australian Health Protection Principal Committee](#) has also updated its risk mitigation guidance. Key information includes the ‘venue density rule’ of no more than one person per 4-square metres is not appropriate or practical in early childhood and learning centres, nor is maintaining 1.5m between children.

Starting Blocks

[Starting Blocks](#) provides information on supporting children, families and carers to navigate the COVID-19 pandemic. You will find useful tips on how to have conversations with children about the pandemic, activities to keep families busy during isolation and advice for services.

Services may also wish to share this resource with their families to further support continuity of care between home and care settings.

The Sector Early Educator News, Views and Reviews

[The Sector](#) is a dedicated online business news, views and reviews website for the Early Childhood Education and Care sector.

Their mission is “to provide accurate, timely and relevant news, views and reviews on developments, issues and products that impact all stakeholders engaged with the early childhood education and care sector in Australia, and in so doing empower our readership with a unified, trusted voice that they can rely on day in and day out”.

Early Childhood Australia

Early Childhood Australia’s first [2020 newsletter](#) covers a variety of topics ranging from how to discuss the pandemic with children to leadership in times of crisis.



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Translated Resources

The [Australian Government Department of Health](#) has a range of factsheets and guidelines available in many languages including Arabic, Vietnamese, Simplified and Traditional Chinese and Farsi.