

# I support a person who has a behaviour support plan that requires him to go out for a walk with two staff. Can we still go?

Since March 29 there have been restrictions on public and private gatherings. One exemption is for work where it cannot be done remotely.

'Work' includes homecare workers and disability support workers. If your service requires more than one support worker, your service will be unaffected by this new rule.

To enable you to follow the person's behaviour support plan, where possible:

- Walk in open areas such as parks and maintain social distancing rules if you are able.
- Look for options within the person's living environment to use, for example, driveways or a back garden, to enable you to perform the behaviour support strategy.
- Speak to the person's Behaviour Support Practitioner or your supervisor to assist you with risk assessment.

#### References

Australian Government Department of Health. 2020. [Limits on public gatherings for coronavirus \(COVID-19\)](#)

COTA Australia [COVID-19 Coronavirus information - What do the restrictions on public and private gatherings mean for me?](#)