



# Personal Protective Equipment (PPE)

## Donning PPE

(Before entering the patient room)

Step 1



### Hand hygiene

- Remove jewellery - Ensure bare below the elbows
- Perform hand hygiene

Step 2



### Fitting gown

- Put the gown on so that your front and arms are fully covered and gown opening is at the back
- Fasten ties at the neck and at the back

Step 3



### Apply and fit mask - surgical mask for droplet precautions

- Metal band fitted across bridge of nose



### N95 for airborne precaution

- If N95 required, perform fit check.

Step 4



### Fitting goggles or face shield

- Position goggles over eyes or face shield over face
- Adjust if necessary

Step 5



### Fit gloves over cuff of gown

- Fit gloves, adjusting at the cuffs

## Doffing PPE

(remove gown and gloves at doorway, mask and eyewear in anteroom or outside room)

Step 1

### Removing and disposing of gloves



- Remove by gripping at cuffs
- Immediately dispose of gloves in appropriate waste
- Perform hand hygiene

Step 2

### Removing and disposing of gown



- With clean hands untie gown.
- Touching only the inside of the gown, pull from neck and shoulders, then arms, turning inside out as gown is removed
- Roll gown into bundle and discard in appropriate waste
- Perform hand hygiene

Step 3

### Removing and disposing of goggles/ faceshield



- Remove eyewear by handling sides or back only
- Discard or reprocess with disinfectant wipes, store dry
- Perform hand hygiene

Step 4

### Removing and disposing of mask



- Remove mask by only handling at ties, then discard in appropriate waste
- Perform hand hygiene